



**McCain Foods (AUS & NZ) Pty Ltd**  
**Customer Specification**  
**Product code - 8511**  
**Pack Code - 6000013113**  
**Sara Lee Food Service**  
**Blueberry Muffin 45g - 14 x 45g**



Soft, moist, delicious muffins made with blueberries and fresh eggs.

**SERVING INSTRUCTIONS:**

To serve: Thaw in the refrigerator (at less than 5°C) for approx. 1 hour before serving.

**TO HEAT FROM FROZEN:**

1. Preheat oven 180°C.
2. Remove outer packaging.
3. Place muffins on a baking tray and heat for 10 - 12 mins.

**TO MICROWAVE FROM FROZEN**

1. Heat each muffin on med-high for 15 sec.

**All oven vary in performance so temperature and times are only a guide.**

**INGREDIENTS:** Sugar, wheat flour (thiamine), blueberries (12%), egg, canola oil, water, apple puree, inverted sugar, whey powder (milk), thickener (1412), emulsifiers (vegetable – 477, 471, 475), raising agents (450, sodium bicarbonate), salt, preservatives (202, 223), flavour, vegetable gum (415).

**CONTAINS GLUTEN CONTAINING CEREALS, MILK AND EGG.**  
**MAY CONTAIN TRACES OF SOY, PEANUTS AND TREE NUTS.**

**NO ARTIFICIAL COLOURS.**

**Halal:** Certified  
**Kosher:** Not Certified  
**Vegan** Not Suitable  
**Vegetarian:** Suitable

**NUTRITION INFORMATION**

| NUTRITION INFORMATION |                               |                              |
|-----------------------|-------------------------------|------------------------------|
| Servings per pack: 14 |                               |                              |
| Serving size: 45g     |                               |                              |
|                       | Average Quantity<br>Per serve | Average Quantity<br>Per 100g |
| Energy                | 562kJ                         | 1250kJ                       |
| Protein               | 1.8g                          | 3.9g                         |
| Fat, total            | 4.9g                          | 10.8g                        |
| - saturated           | 0.8g                          | 1.9g                         |
| Carbohydrate          | 20.6g                         | 45.9g                        |
| - sugars              | 12.8g                         | 28.5g                        |
| Sodium                | 130mg                         | 289mg                        |

**GMO Statement:** This Product does not require Labelling as a genetically modified food in accordance with the Australian/NZ Food standards Code Volume 2, Section 1.5.2

**Storage:** Frozen fresh. Store at or below minus 18°C.  
If contents become thawed, use as soon as possible. Do not refreeze.  
Frozen Shelf life: 18 months from date of manufacture

**Transport:** The product should be transported in accordance with the recommended Code of Practice for handling merchandising Frozen Foods such that product temperature and integrity is maintained at all times.

*This specification is valid at the time of issue. Check packaging for most up to date information. Please request updates as required.*

**Made in Australia**

*Th Sillekens*