



Customer Specification



Product code - 10096

Pack Code - 6000032116

Sara Lee The Good Muffin Blueberry Oat 4x20x40g

Experience MUFFIN mania with our BLUEBERRY OAT delights! These lunchbox TREATS are packed with the added GOODNESS of pumpkin puree, banana puree, BLUEBERRIES and OATS. They're heavenly WHOLESOME and devilishly DELICIOUS!

- ✓ 4 Health Star Rating
- ✓ Made with 35% Fruit & Veggies
- ✓ Reduced Sugar*
- ✓ Source of Fibre
- ✓ Lunchbox Friendly
- ✓ No Artificial Colours or Flavours

INGREDIENTS:

Pumpkin Puree (19%), Wholemeal **Wheat** Flour (**Wheat** Gluten, Thiamine, Folic Acid), Blueberries (10%), **Wheat** Flour, Canola Oil, Humectant (Glycerin), Sugar, Banana Puree (6%), Inulin, Dextrose, Rolled **Oats** (2%), Whole **Egg** Powder, Raising Agents (450, Sodium Bicarbonate) (**Wheat**), Whey Powder (**Milk**), Emulsifiers (Vegetable - 471 **Soy**, 475), Thickeners (1412), Natural Flavours, Salt, Citric Acid, Preservative (Potassium Sorbate).

Contains Wheat, Gluten, Egg, Milk, Soy.

May Contain Peanut, Almond, Hazelnut, Pecan, Walnut.

- Halal:** Certified
- Kosher:** Not Certified
- Vegan:** Not Suitable
- Vegetarian:** Suitable

NUTRITION INFORMATION

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Servings per pack: 20		
Serving size: 40 g		
	Average Quantity per serve	Average Quantity per 100g
Energy	508 kJ (121 Cal)	1270 kJ (304 Cal)
Protein	1.5 g	3.8 g
Fat, total	5.0 g	12.4 g
- saturated	0.6 g	1.5 g
Carbohydrate	15.7 g	39.2 g
- sugars	5.3 g	13.2 g
Dietary Fibre	4.0 g	10.1 g
Sodium	143 mg	357 mg

*40% less sugar than Sara Lee Blueberry Muffin 120g.

GMO Statement: This Product does not require Labelling as a genetically modified food in accordance with the Australian/NZ. Food Standards Code.

Storage: Frozen: Store at or below minus 18°C.
Frozen shelf life: 18 months from date of manufacture
If contents become thawed, use as soon as possible. Do not refreeze.
Ambient shelf life: 5 days
Ambient Storage: Store in a cool dry place. This product has been frozen from fresh and thawed for your convenience.

Transport: The product should be transported in accordance with the recommended Code of Practice for handling merchandising Frozen Foods such that product temperature and integrity is maintained at all times.

This specification is valid at the time of issue. Check packaging for most up to date information. Please request updates as required.

Made in Australia from at least 68% Australian ingredients.